

# Supercharge Your Relationships

Improving Self-Awareness and Communication Skills with HBDI

Communicating, working and collaborating with others in a virtual environment can be difficult. This insightful learning session will provide you with the gift of self-awareness through a simple and effective profiling tool – the Herrmann Brain Dominance Instrument (HBDI). Once you understand your thinking style preference, the door is open to improved communication, teamwork, leadership, customer relationships and other aspects of personal and interpersonal development.

## Delivery Mode

- Our virtual sessions are live, experiential, kinesthetic, facilitated sessions.
- We use ZOOM to deliver the sessions
- Watch this short video on what to bring: <https://vimeo.com/399774449>

Who will love this?  
Individuals wanting to  
improve self-  
awareness &  
communication skills

## Outcomes:

- You'll get to understand your own thinking style learning the Herrmann Brain Dominance Instrument (HBDI) and gain insight to that of others
- Reduce the possibility of interpersonal conflict by being able to appreciate the different preferences of others
- Learn strategies to flex to your colleagues, team members and / or customer's communication style
- Enable you to work together with others in a more empathetic way

Click <https://vimeo.com/404500753> to see what participants are saying about our virtual sessions

## Payment

- We require full payment upfront prior to attending the virtual workshop.
- Bookings are made via Eventbrite.
- For groups of 10 or more please contact: [angels@phuel.com.au](mailto:angels@phuel.com.au)

